

BEACH TO BAY COURSE MAP

COURSE DESCRIPTION:

LEG 1: START ON JP LUBY BEACH JUST SOUTH OF ZAHN RD. PROCEED NORTH STAYING RIGHT OF CONES AT ALL TIMES ALL THE WAY DOWN AND BACK. RUNNERS WILL RUN ACROSS THE TIMING CHECK POINT AT THE TURN AROUND.

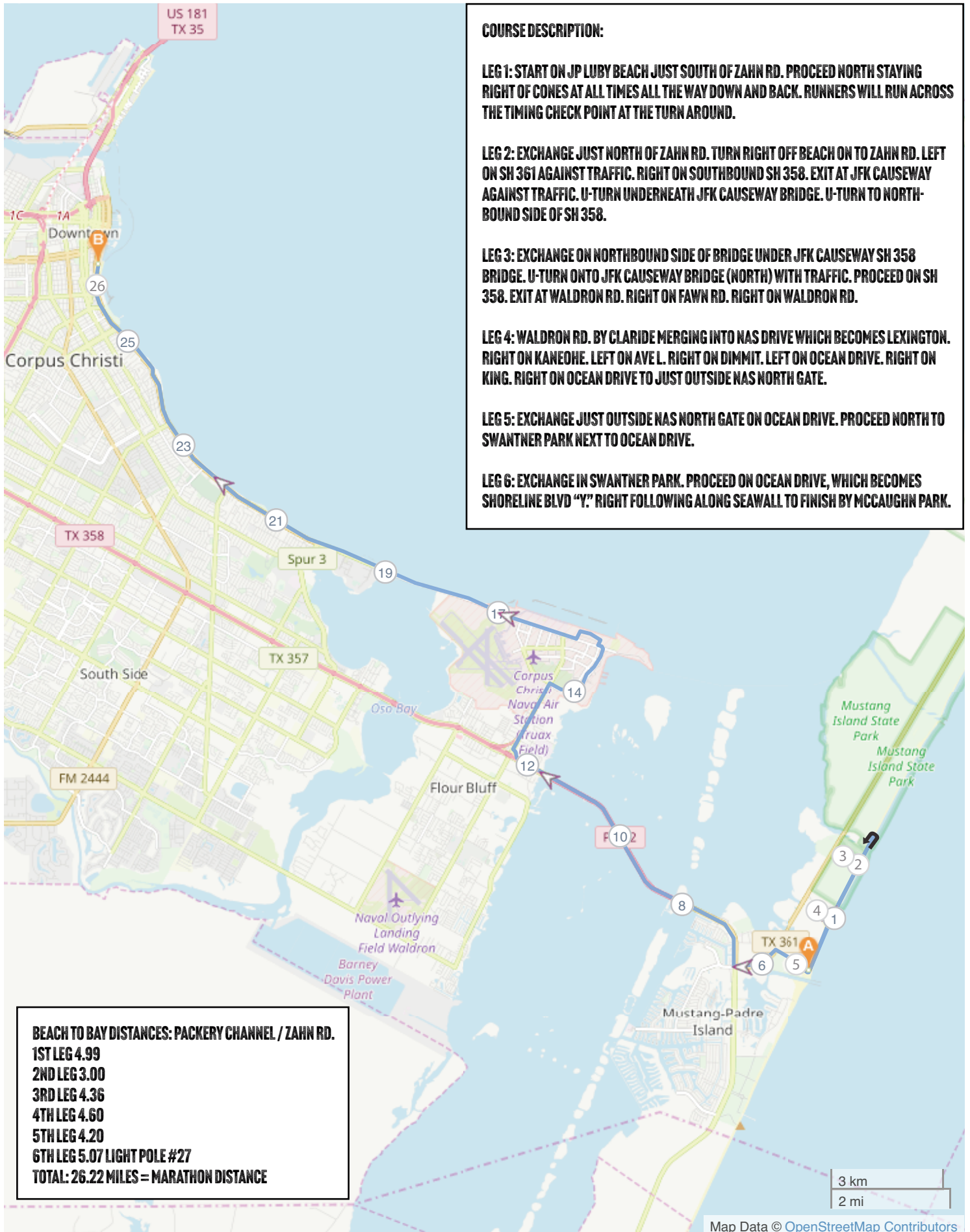
LEG 2: EXCHANGE JUST NORTH OF ZAHN RD. TURN RIGHT OFF BEACH ON TO ZAHN RD. LEFT ON SH 361 AGAINST TRAFFIC. RIGHT ON SOUTHBOUND SH 358. EXIT AT JFK CAUSEWAY AGAINST TRAFFIC. U-TURN UNDERNEATH JFK CAUSEWAY BRIDGE. U-TURN TO NORTHBOUND SIDE OF SH 358.

LEG 3: EXCHANGE ON NORTHBOUND SIDE OF BRIDGE UNDER JFK CAUSEWAY SH 358 BRIDGE. U-TURN ONTO JFK CAUSEWAY BRIDGE (NORTH) WITH TRAFFIC. PROCEED ON SH 358. EXIT AT WALDRON RD. RIGHT ON FAWN RD. RIGHT ON WALDRON RD.

LEG 4: WALDRON RD. BY CLARIDE MERGING INTO NAS DRIVE WHICH BECOMES LEXINGTON. RIGHT ON KANEOHE. LEFT ON AVE L. RIGHT ON DIMMIT. LEFT ON OCEAN DRIVE. RIGHT ON KING. RIGHT ON OCEAN DRIVE TO JUST OUTSIDE NAS NORTH GATE.

LEG 5: EXCHANGE JUST OUTSIDE NAS NORTH GATE ON OCEAN DRIVE. PROCEED NORTH TO SWANTNER PARK NEXT TO OCEAN DRIVE.

LEG 6: EXCHANGE IN SWANTNER PARK. PROCEED ON OCEAN DRIVE, WHICH BECOMES SHORELINE BLVD "Y." RIGHT FOLLOWING ALONG SEAWALL TO FINISH BY MCCAUGHN PARK.



BEACH TO BAY DISTANCES: PACKERY CHANNEL / ZAHN RD.

- 1ST LEG 4.99
- 2ND LEG 3.00
- 3RD LEG 4.36
- 4TH LEG 4.60
- 5TH LEG 4.20
- 6TH LEG 5.07 LIGHT POLE #27
- TOTAL: 26.22 MILES = MARATHON DISTANCE**